



Quarantine Information

Who needs to quarantine?

Anyone who was in close contact to a person with COVID-19 should quarantine to prevent further spread in the community.

- A close contact is any person who was within 6 feet of someone with COVID-19 for at least 15 minutes total during a 24 hour period starting from 2 days before the person with COVID-19 got sick (or 2 days before they tested positive if the person doesn't have symptoms).
- Close contacts should quarantine by staying home, avoiding close contact with others, and monitoring for symptoms.

***Close contacts who do not have any symptoms and meet one of the following conditions do not have to quarantine unless symptoms develop within 14 days of exposure:**

- Fully vaccinated individuals (≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine)
- Individuals who have documentation of a laboratory confirmed positive test for COVID-19 within the past 90 days
- Individuals who are identified as close contacts in a classroom, other school setting, or on school transportation where masks were being worn appropriately and consistently by both the student who tested positive for COVID-19 and the potentially exposed student.

What are the options for length of time to quarantine? (Date of last exposure: _____)

- The CDC continues to recommend 14 days of quarantine as the best option to prevent the spread of COVID-19. (Return to school date: _____)
- Students may return to school after completing 10 days of quarantine if they have had no symptoms during daily at home monitoring. (Return to school date: _____; **next page must be completed by parent**)
- Students may return to school after completing 7 days of quarantine if they have had no symptoms during daily at home monitoring and results of a negative antigen or PCR/molecular test taken no earlier than day 5 of quarantine can be provided to the school nurse. (Day 5 date: _____; Return to school date: _____; **next page must be completed by parent**)

** If quarantine is discontinued before day 14, a parent/guardian must complete the next page of this form and the individual must continue to monitor symptoms and strictly follow all mitigation strategies (e.g. wear a mask, practice physical distancing) through 14 days after the date of last exposure.

Students who are returning to school after an exposure to COVID-19 must have this form completed if one of the shortened quarantine options are being used.

Student Name: _____ Date of Birth: _____

Grade: _____ Bus #: _____ Kids Plus: Yes or No

Last date of exposure with COVID positive individual: _____

Please mark the quarantine option that applies to your child:

____ My child has completed 7 days of quarantine. I confirm that they have had NO symptoms during daily at home monitoring and had a negative antigen or PCR/molecular test taken no earlier than day 5 from the exposure. A copy of the results will be provided to the school nurse. ***Please note at-home COVID tests are not an acceptable option for early return to school.***

____ My child has completed 10 days of quarantine. I confirm that they have had no symptoms during daily at home monitoring.

I understand the importance of continuing to monitor for symptoms and will keep my child at home if any symptoms develop.

Parent/Guardian Printed Name: _____

Parent/Guardian Signature: _____

Date: _____

SCHOOL NURSE USE:

____ Copy of negative lab received or reviewed. ____ Sharepoint updated.

____ Return to school date: _____ shared with teachers, AP in charge of buses, and Kids Plus if needed.

School Nurse Signature: _____